

Wellness Programs

Northwest Alaska Wellness Initiative (NAWI):

Substance Abuse Mental Health Services Administration Tribal Youth Suicide Prevention in partnership with Maniilaq.

Community Alcohol Safety Team (CAST):

Strategic Prevention Framework State Incentive Grant (SPF-SIG) in partnership with Rural Cap to reduce underage drinking and adult binge drinking with focus on interpersonal violence.

Coordinated Tribal Assistance Solicitation (CTAS):

Division of Juvenile Justice Story and Skill Sharing to promote cultural learning in community and classrooms while supporting transitional services.



Wellness Team



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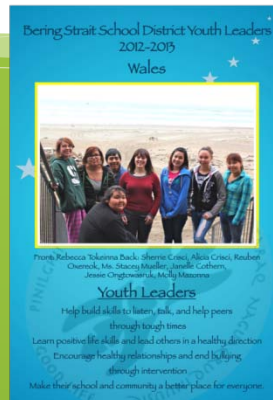
COMMUNITY **CULTURE** BRIDGE CELEBRATE CREATE
 GENERATIONS DIVERSITY HEALING SKILLS KNOWLEDGE
 OPPORTUNITY EDUCATION PLANNING

Camp Igaliq (window)

Each summer twenty-five youth from Nome and the Bering Strait region travel to a site outside of Nome for 5 days to create a bright vision of themselves, their community and their future. Our facilitators, Evon Peter and Earl (Keggulluk) Polk, provide a culturally based opportunity for youth to shine a light on their connections, values, opportunities and potential. Elders and guest presenters share knowledge of land, skills, stories, education, employment, suicide prevention and healthy relationships. Hiking, swimming, canoeing, dancing and healing, Camp Igaliq is an exciting time to share, build, and connect.



"We had a talk that could change a man." - Youth



Youth Leaders

Youth leaders are chosen by their peers as someone they can talk to. Each year more than 50 youth attend a two-day training to learn skills in intervening to create a safe environment, suicide prevention, healthy relationships, being a leader and role model. YL recognize their ability to create a positive culture in their school. YL plan events, ranging from prevention and awareness campaigns and activities to helping elders and the community.



"I feel like I can make a difference." - Youth leader



Regional Wellness Forum

Goal: "To Provide a Collaborative Forum to Seek and Coordinate Resources to Advance Wellness in the Bering Strait Region". Quarterly meetings held with community partners.

Story and Skill Sharing

Brings youth, elders, and others together in community and classrooms.

Media Outreach

PSAs to highlight safety, activities and achievements. Check out the Camp Igaliq DVD, Facebook, and upcoming Wellness Facebook site.

Safety Patrol

Since 2004, more than 65 volunteers partner during New Year's, Iditarod, and PFDs to keep our community safe.

School and Community Gatherings and Workshops

In Nome and 15 sites, Anvil Mountain Correctional Center, Nome Youth Facility, and Seaside.

Walk for Life

Annual celebration to support suicide prevention and community wellness.

Intervention Training