

## HELPFUL PHONE NUMBERS

<i>Agency</i>	<i>There you can:</i>	<i>Phone Number</i>
Alaska State Troopers	Report and get help about crime, missing persons, etc.	907-443-5525 or 800-443-2835
Behavioral Health Services	Receive mental health and substance abuse counseling	443-3344
Bering Sea Women's Group	Obtain domestic violence services, get help after an assault, or find emergency shelter because of safety issues	443-5491
OCS (Office of Children Services)	Report and get help for abused or neglected children	443-5247
Nome Police Department	Report and get help about crime that occurs in Nome	443-5262 or 911
Norton Sound Regional Hospital	Receive medical care	443-3311
Poison Control Center	Find out what to do if you have been exposed to poisons or an overdose	800-222-1222
Public Health Nursing	Obtain health care, immunizations, well child care, etc.	443-3336
SART (Sexual Assault Response Team) at the hospital	Get medical treatment after an assault	443-3344
Suicide Hotline	Talk with a national free phone service if you feel like harming yourself, to get support	800-999-9999