To prevent the spread of Coronavirus (COVID-19), the Community of Teller Leadership established the following guidelines, which includes a travel ban with a travel date of 03/12/20:

**What does self-quarantine mean?** Stay home as much as possible, you can take a fresh air, play out, go for a walk, but practice social distancing. Social distancing means: Stay 6-feet away from one another, Wash your hands often & clean surfaces often. Do not enter public buildings.

- Anyone entering the community/village of Teller via air or land must gain approval in writing from Acting Mayor, Blanch Garnie. Approvals will need a 24 – hour notice. Weekend approvals may take 24 - 48 hours for approval. Monday-Friday call City Office 642-3401. On weekends call 643-2295.
- If you have traveled out of the village you must self-quarantine you and your household for 14 days at your place of residence, which includes taking your temperature twice a day. Watch for any symptoms: cough, fever and shortness of breath.
- Teller has no public quarantine facility at this time
- Those who self-quarantine shall not enter public facilities/building's; You may need to ask someone to assist you with essential services during the 14-day quarantine window
- Place a date on your trash & honey buckets IF you are in self-quarantine status, trash & honey buckets will be picked up 3 business days after a date is placed on them
- The following are exceptions to the travel ban:
  1. Essential health care providers, utility crews, law enforcement
  2. Any essential medical travel, which includes important medical supplies
  3. Essential freight, cargo & mail services
  4. You will need approval and a travel authorization letter from your employer or local community leader along with identification per travel restrictions.
  5. Obtain approval from Nome’s Deputy City Clerk once traveling in or out of Nome for future travel; Christine Piscoya, Deputy City Clerk, Ph # 443-6663.
- Before going to the Teller Clinic with symptoms of fever, cough or shortness of breath, call the NSHC Nurse triage phone numbers 1-844-586-8773 or 443-6411
  For regular appointments you may call the Teller Clinic 642-3311
- No gathering of 10 or more, no loitering in any public buildings/places
  Make sure you practice social distancing; at least 6-feet away from one another

Updates will be made at any time from the Governor, President of the United States & local leadership.
• NO visiting others and do not allow visitors while you are sick or in self-quarantine

• If you are sick, stay home, you may return your normal routine once you have NO symptoms of fever, cough or shortness of breath and **NOT ON QUARANTINE STATUS** within a 24-hour period.

Our community leadership asks community members to please be safe and follow CDC guidelines, practice social distancing to slow the spread of COVID-19 and self-quarantine if you are returning home. Respect these guidelines with best regards for our elders & for each other.

These guidelines and travel restrictions will be in effective until May 1, 2020. Updates will be made as needed.

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Acting Mayor, Blanch Garnie
City of Teller

Lucy Oquilluk, President
Mary's Igloo Traditional Council

Jabelle Menadelook, Council Member
Teller Traditional Council

Etta Kugzruk, Sec/Treasurer
Teller Native Corporation

Date

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